

Community mental health tobacco treatment training

Training guide: Module 9

**Nicotine replacement therapy**  
**Getting to know the products**

## Module 9

### Nicotine replacement therapy: Getting to know the products

#### Importance:

- It is important that advisors feel confidence about NRT products, and how to use the individual NRT products correctly.
- It is important that advisors are able to speak to clients about correct use of NRT products in order to increase compliance with these medications and provide any techniques for addressing unwanted side effects

#### Purpose:

- Describe the range of NRTs available to aid smoking cessation including their safety, usage, contraindications, and efficacy.
- Be aware of considerations for use in SMI.

#### Process:

- PowerPoint presentation
- Group discussion
- Product demonstration

#### Resources:

- Trainer: NRT samples for demonstration
- Handout: NCSCT Quick Reference – Stop Smoking Aids

#### Presenter's notes

Presenter's notes are found in the notes view of the PowerPoint slides. The presenter's notes provide a suggested method for presenting training content and identify